

POST OPERATIVE INSTRUCTIONS
ENDOSCOPY



PAIN	It is normal to feel slight discomfort on swallowing or coughing and this will resolve in 1-2 days after procedure.
WOUNDS	You may experience some spots of blood on coughing and this will settle. If large blood loss please contact the rooms on 8164 6760.
SUTURES	Nil.
DIET	Return to regular diet.
BOWELS	You may notice your bowels are slow to work again post procedure due to fasting and anaesthetic. This will settle continue regular diet and plenty of fluids.
ACTIVITY	Return to regular activity when you feel comfortable.
DRIVING	Safe to drive 24hrs after procedure.

Any concerns please call our rooms on **8164 6760**