

POST OPERATIVE INSTRUCTIONS
COLONOSCOPY



PAIN	It is normal to feel slight discomfort and bloated after colonoscopy. If you feel severe pain please contact the rooms on 8164 6760.
WOUNDS	Small bleeding is normal but if large blood loss please contact the rooms.
SUTURES	Nil.
DIET	Return to regular diet. Keep up with plenty of fresh fruit and vegetables.
BOWELS	You may take a few days to return to regular bowel motions this is normal.
ACTIVITY	Return to regular activity when you feel comfortable.
DRIVING	Safe to drive 24hrs after procedure.

Any concerns please call our rooms on **8164 6760**