

ADMISSION DETAILS

Your Procedure:

Date: _____ Admission time: _____

Hospital: _____

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Your anaesthetist is: _____ Phone _____

If you are having day surgery you will not be able to drive home, please arrange for someone to drive you home after your procedure. It is essential you have a responsible adult present for the next 24 hours.

MEDICATIONS

PLEASE TAKE ALL YOUR REGULAR MEDICATIONS except for the following:

- Clopidogrel (Plavix, Iscover, Clopidogrel Plus, Coplavix, Duo Cover) • Dabiatran (Pradaxa)
- Rivaroxaban (Xarelto) • Apixaban (Eliquis) • All other anticoagulants

_____ STOP ON _____ LAST DOSE ON _____

Aspirin should be stopped 10 days prior to your procedure, unless otherwise instructed by your doctor.

All natural remedies should be stopped 7 days prior:

- Fish oil • Krill oil • Glucosamine

Iron should be stopped 5 days prior.

Warfarin should be stopped 4 days prior unless otherwise instructed by your doctor.

Non-steroidal anti-inflammatory medication should be stopped 2 days prior:

- Nurofen/Ibuprofen • Indocid • Celebrex • Mobic • Voltaran

Diuretics should not be taken on the morning of your procedure including:

- Frusemide • Spironolactone

If you have diabetes please refer to the separate DIABETIC MEDICATION pages for instructions.

DIET

DAY OF ADMISSION:

You may EAT until _____ (6 hours before admission time)

You may continue WATER (250ml per hour) until _____ (2 hours before admission time)

Fasting includes lollies, chewing gum and smoking